

SECOND HARVEST

Food Bank

*of Lehigh Valley
& Northeast
Pennsylvania*

Most Needed Items



Cereal

Peanut Butter & Jelly

Tuna

Canned Goods
(Meats, Vegetables, Stews, Fruit)

Rice

Pasta

Soup

Salt & Sugar

Diapers

Laundry Detergent

Personal Care Items
(Toothpaste, Soap, Shampoo...)